Indiana Psychiatric Society

Regional Integrated Mental Health Conference Registrant Brochure

RIMHC
REGIONAL INTEGRATED
MENTAL HEALTH CONFERENCE

Learn
Network
Relax...

DON'T MISS
THIS UNIQUE OPPORTUNITY

Join the Indiana Psychiatric Society and psychiatrists from across the country!

October 2-4, 2026
West Baden Springs Hotel

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About the Conference

The Regional Integrated Mental Health Conference is a dynamic, multi-day educational experience designed for psychiatrists and mental health professionals committed to advancing clinical practice and integrated care. This year's program features a comprehensive agenda covering medical malpractice, psychotherapy effectiveness, perinatal psychopharmacology, and the impact of misinformation and social media on psychiatry. Attendees will also explore emerging and evolving topics such as dementia treatment innovations and strategies for managing complex cases when evidence-based options are limited.

The conference further highlights new and emerging treatments in psychotic and mood disorders, along with reflective perspectives such as the psychiatrist's experience as a patient. With expert-led sessions, networking opportunities, and interactive discussions woven throughout each day, participants will gain practical insights, stay current with advancements in the field, and connect with colleagues from across the country.

The exquisite West Baden Springs Hotel will once again serve as the backdrop for this event.

Register today and plan your trip to learn, share, unwind and enjoy the peaceful serenity that accompanies a visit to the beautiful West Baden Springs Hotel this October 2-4.

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Agenda

Friday, October 2

8:00 – 9:00 am
Breakfast & exhibitor raffle

9:00 – 10:30 am
An Ounce of Prevention: A Risk Manager's Perspective on Physician Wellness
Justin Pope, JD
Associate Director of Risk Management, Professional Risk Management Services

10:30 – 11:00 am
Coffee break & exhibitor raffle

11:00 am - 12:30 pm
What Makes a Good Therapist? Evidence from 50 Years of Psychotherapy Research
Tracy Eells, PhD
Professor of Psychiatry & Behavioral Sciences, University of Louisville

12:30 – 1:30 pm
Lunch & exhibitor raffle

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Agenda

Friday, October 2 continued

1:30 - 3:00 pm
ADHD: Medical Disorder or Evolutionary Mismatch
Allen Walker, MD
Founder/Owner, Louisville ADHD

3:00 - 3:30 pm
Coffee break & exhibitor raffle

3:30 – 5:00 pm
Psychiatry Misinformation and Social Media
Abhisek Khandai, MD, MS
Assistant Professor of Psychiatry, UT Southwestern Medical Center

5:00 - 6:30 pm
PRMS Welcome Reception
complimentary for registrants

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Agenda

Saturday, October 3

8:15 – 9:15 am
Breakfast & exhibitor raffle

9:15 – 10:45 am
Advancements in Treatment of Alzheimer's Disease
Josh East, MD
Neurologist, Hancock Physician Network

10:45 – 11:15 am
Coffee break & exhibitor raffle

11:15 am – 12:45 pm
Legal Liability in Functional Neurological Disorder
Timothy Allen MD
Associate Clinical Professor, University of Kentucky

12:45 – 1:45 pm
Lunch & exhibitor raffle

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Agenda

Saturday, October 3 continued

1:45 - 3:15 pm
Logic-based Care – What do you do When You're Out of Evidence-based Options?
Erik Messamore, MD, PhD
Associate Professor, Department of Psychiatry, Northeast Ohio Medical University

3:15 – 3:30 pm
Coffee break & exhibitor raffle

3:30 – 5:00 pm
Exhibitor raffle announcement #1 & 2 followed by:

Ion Dysregulation in Bipolar Disorder
Rif El-Mallakh, MD
Professor and Director of Depression Center and Mood Disorders Research, University of Louisville

5:30 - 8:30 pm
PRMS Soiree at the Pete Dye Pavilion – dinner party
complimentary for registrants

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Agenda

Sunday, October 4

8:15 – 9:00 am
Breakfast

9:00 – 10:15 am
Perinatal Psychopharmacology for Psychiatrists
Camila Arnaudo, MD
Assistant Professor of Psychiatry, Indiana University School of Medicine/IU Health

10:15 – 10:30 am
Coffee break

10:30 – 11:45 am
Exhibitor raffle announcement #3-7 followed by:

Unmasking Burnout
Nermeen El Araby, DO, PharmD
Resident, Indiana University School of Medicine

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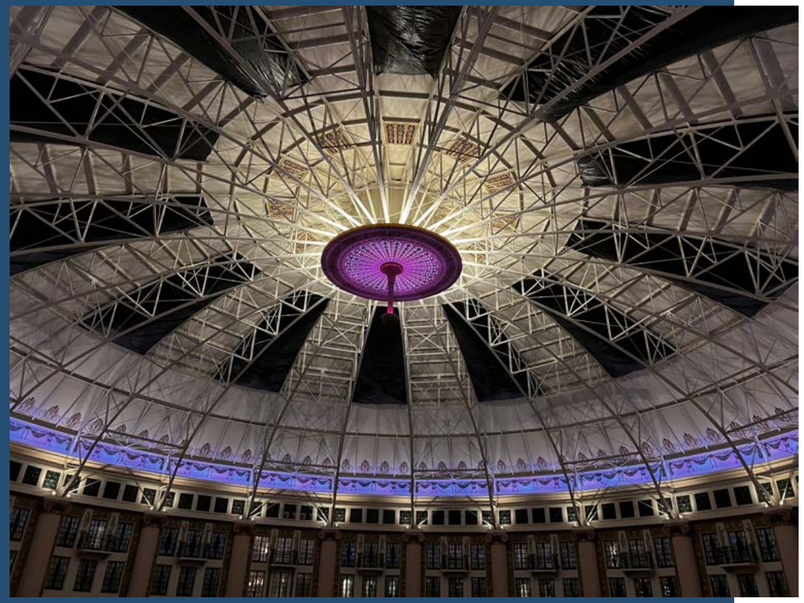
Our Host



French Lick, the Midwest's premier resort and casino destination

Nestled among the hills of Southern Indiana's Hoosier National Forest is a classic American destination: French Lick Resort. Home to two AAA Four-Diamond nationally historic hotels, three golf courses, two world-class spas, impressive meeting venues, and 24/7 gaming at French Lick Casino. Experience Old World opulence and modern comforts with unparalleled Hoosier hospitality.

The West Baden Springs Hotel

Escape from the everyday to a luxury hotel built more than a century ago. Once called the "Eighth Wonder of the World," the focal point of the hotel is the awe-inspiring atrium that spans 200 feet. Mixing comfortable ambiance with modern amenities, the hotel creates unforgettable experiences.

- Outdoor and indoor pool and hot tub, fitness center
- Casual and fine dining options
- Exquisite retail shops
- Complimentary parking and valet service
- Complimentary high-speed wired and wireless internet
- Complimentary resort-wide shuttle service

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Guest Rooms

Reserve Your Stay

It is the responsibility of the guest to make and pay for their reservation. Rates are available until Tuesday, **September 1** or the room block is full. *Be advised: this hotel has sold out the past several years. *Rates do not include taxes. (Should room block be full, contact Sara for assistance – room not guaranteed.)*

West Baden Springs Hotel:
Single/double countryside room
$229 Thursday, October 1
$269/night Friday and Saturday, October 2 & 3

Single/double atrium view room
$269 Thursday, October 1
$309/night Friday and Saturday, October 2 & 3

Single/double balcony room
$349 Thursday, Friday and Saturday, October 1, 2 & 3

Make your reservation:
Group code & password = 0926RIM
Phone 1.844.241.6361
Online **here**

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Registration Guidelines

Register **here**

- Form and payment must be received no later than July 31 to qualify for the discount rate.
- Registration closes September 1.
- On-site registration available only if space available.
- Cancellation: a 50% refund will be made if notification made in writing is received by September 1.

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Accreditation

Accreditation Information: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and Indiana Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement: The American Psychiatric Association (APA) designates this live activity for a maximum of *14.25 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: It is the policy of the APA to comply with the ACCME Standards for commercial support of CME. Planning committee members and related staff disclosures must be on file annually with disclosures made available on program materials. Faculty participating in sponsored or jointly sponsored programs by APA are required to disclose to the program audience any real or apparent financial relationship with commercial interests related to the content of their presentation. Faculty are also responsible for disclosing any discussion of off-label or investigational use of a product.

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